

## Useful Links

- Ambitious About Autism's [Right from the Start](#) parent toolkit is a comprehensive guide to help parents and carers navigate through their child's journey in the early years. The toolkit is packed with information, practical tips and checklists to support parents on the diagnostic pathway.
- The Autism Spectrum Disorders (ASD) Occupational Therapy (OT) Service have a handouts for parent's page with [patient information leaflets](#) such as Sensory Integration resource and Deep Pressure and Weighted Therapy resource
- Working together with your child's school, from the Autism Educational Trust (AET) is a [toolkit](#) which may be helpful to share with school.
- [Reasonable adjustments](#) for autistic pupils' sensory differences guidance from National Autistic Society.
- In August 2021 the National Autistic Society published their research and free guide: [how to adapt mental health talking therapies for autistic children and adults](#)
- National Autistic Society [Health Passport](#)
- [Independent Provider of Special Education Advice](#) (IPSEA)