



Case Study - "Supporting adults to achieve their full potential."

ADULT SUPPORT - RESIDENTIAL

Adult Support at Autism Unlimited provides safe and supportive living for autistic adults. The help and support our residents receive enables them to live as independently as possible in one of the four homes we have across the South West.

These welcoming and comfortable properties which accommodate a maximum of four people, provide a home from home, with individual bedrooms, good sized communal living and outdoor spaces to enjoy.

Our professional and caring team work in partnership with our autistic adults to empower them to enjoy their lives to the fullest by supporting their access to everything, from community activities and work. By identify all the wonderful opportunities available to them, they can make considered, ambitious and sometimes brave choices - and turn their wishes into reality.

OPPORTUNITY / PROBLEM

We strive to find the best way in which we can continue to provide the level of care and support that our residents need and deserve. We look to find ways in which they can be included and recognised in their local communities, for the people that they are and to pursue their own hobbies. With the current staffing crisis in social care this has become more and more difficult.

SOLUTION / BENEFIT

We have put in place a programme of staff retention activities to maintain our staffing levels. These include regular staff satisfaction surveys, one to one communication plans and additional staff benefits.

AT A GLANCE

THE BENEFITS

- Our autistic adults can live independently in a safe environment.
- We provide opportunities for them to be part of their local community - to work and enjoy activities that they love.
- Their families and loved ones can rest assured that we are providing the best possible care.

THE CHALLENGES

- The lack of trained people in the profession. The need to use agency staff and the cost involved.
- The ability to retain staff due to high demand.



I will communicate with Dominic using sign language, if I am not sure of a sign I will ask him and he will show me. He as taught me so much."

Support Worker



autism unlimited
adult services

SUCCESS STORY

Dominic and his support workers Sophie and Leanne have a fantastic partnership. Dominic gets to live a meaningful fulfilled life and Sophie and Leanne get to go on that journey with him. Dom enjoys many different activities but one of his favorite days of the week is a Wednesday. He volunteers at the Bournemouth Food Bank helping sort out the donations and processes them into their correct categories. All of the volunteers at the Food Bank love it when he is in as he is so happy and fun-loving, he is always there to greet you with a smile and high five. After helping at the Food Bank he enjoys going to get lunch followed by a fun activity. Bowling is one of Dom's passions and enjoys playing a few games with two of his favorite support workers.

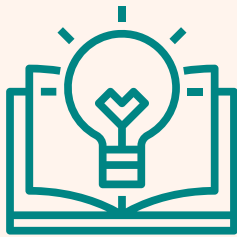
Dominic enjoys giving back to the community he lives in, and also doing things that bring him joy. Not only is this great for Dom but also for all the people that have the opportunity to engage and interact with him, he spreads happiness and joy and also helps show people how autism differs for each individual and he certainly embraces his and it doesn't stop him from doing all the things that he enjoys.

STATISTICS



71% of adults with autism aren't getting the support they need.

*Source: NAS



1.5m people work in the adult care sector in the UK.

Source: House of Commons Library



Continuity, communication and stability are essential.

*Source: Autism Unlimited



"Even when you are having a bad day, Dominic is there at the front door to welcome you in the morning with a big smile and a high five"

Support worker - Leanne

